



2009 Race Form



1339 Herschel Ave.
Cincinnati, OH 45208



... or at least **560**
of them.

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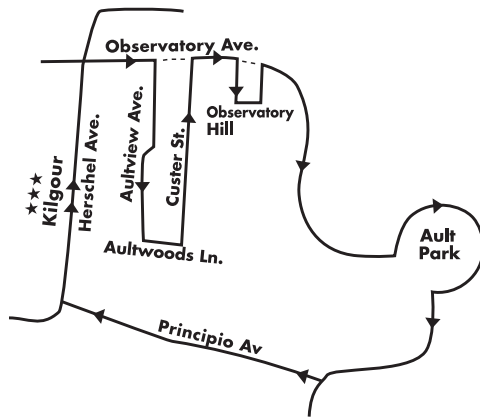
THERE MUST BE
1,000 great reasons
to enter the
Kilgour 5K RUN

Friday, May 15, 2009

7:00 p.m.

Start & Finish at
Kilgour School

1339 Herschel Ave.
Mt. Lookout, Cincinnati, Ohio



RACE ROUTE: The 5K run/walk route (3.1 miles) begins in front of Kilgour School and heads up Herschel Ave. to right turn on Observatory, does a loop on Aultview and Custer, and another small loop on Observatory Hill, goes through Ault Park, exits the park via Principio Ave. and returns to Kilgour.

Pre-registration is available by mailing your entry form and fee by postmark Friday, May 8, 2009, or online via the race coordinator's website www.sprunning.com by Tuesday, May 12. Pre-registration fees: \$9 or \$17 with a 5K T-shirt.

Registration: Begins at 5:30 p.m. on race night (May 15). The fee on race day is \$15 or \$23 with a 5K T-shirt.

For more information, contact Pam Young at (513) 271-6526.

RACE DIVISIONS (AGE GROUPS)

Walkers: 29/below • 30-39 • 40-49 • 50-59 • 60/above

Runners: 6/below • 7-8 • 9-10 • 11-12 • 13-15 • 16-19 • 20-24 • 25-29 • 30-34 • 35-39 • 40-44 • 45-49 • 50-54 • 55-59 • 60/above



POST RACE EVENTS: We'll have special events for younger kids, a family social and door prizes (must be present to win) after the race. Prizes and trophies will be awarded to division winners.



2009 OFFICIAL REGISTRATION FORM

First name: _____
 Last name: _____
 Your age on race day _____
 T-shirt size:(Circle one)
 Youth: small / medium / large / X large
 Adult: small / medium / large / X large
 Sex: (circle one) male female
 Division:(check one) run walk
 Address: Street: _____
 City: _____
 State: _____ Zip: _____
 Phone: (____) _____ - _____
 email: _____
 Your school _____
 Pre-Registration (Postmarked by Friday, May 8, 2009)
 ___ \$9 ___ \$17 with 5K T-shirt
 Checks payable to: Kilgour Sports Boosters.
 Please mail with this form to
 Kilgour Sports Boosters,
 Kilgour Elementary School
 1339 Herschel Ave.
 Cincinnati, Ohio 45208
 Legal Waiver: In consideration of the acceptance of my entry, I for myself, my executors, administrators and assignees, do hereby release and discharge Kilgour Elementary School, Steve Prescott, and all sponsors direct and indirect, and all officers, officials and volunteers from all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participation in said athletic event. I attest that I have full knowledge of the risk involved in this event and I am physically fit to participate in this event. Entry fees are non-refundable.
 Signature _____
 Date _____, 2009
 Parent Signature _____
 Date _____, 2009
 Emergency contact _____
 Phone (____) _____ - _____

